### Sample REST Curriculum

**REST Curriculum Feb-August 2015**

**Module 1: Primary Trauma**

- Trauma Care Management
- Airway
- Breathing
- Circulating
- Disability or damage
- Exposure

**Module 2: Secondary Survey, Referral & Transport**

- Secondary overview survey
- Urinary catheter placement
- Patient consent, referral & transport
- Oxygen supplementation
- Intravenous Access
- Cricothyroidotomy

**Module 3: Trauma in Children and Adults**

- Trauma in children
- Managing airway in a child with trauma
- Suspected neck trauma
- Breathing
- Circulation, intravenous access
- Trauma in elderly

**Module 4: Preparation for Surgery**

- Preventing transmission of infection
- Hand washing
- Surgical scrubbing
- Gowning and gloving for surgery
- Instrument selection and use
- Patient preparation for surgery

**Module 5: Wound Management**

- Basic management
- Wound toilet and Surgical debridement
- Wound infections
- Immunisation and Prophylaxis

**Module 6: Structure & Foreign Body Removal**

- General suture techniques
- Specific lacerations, lip, tongue, ear, eyelid, hand, tendon
- Removal of foreign bodies

**Module 7: Burns, Cellulitis, Abscess**

- Burn first aid
- Acute burn management in children
- Cellulitis and abscess management