College of Surgeons of East, Central and Southern Africa
(COSECSA)

Written Examinations Guidelines
# Table of Contents

FOREWORD FROM THE CHAIRPERSON OF THE EXAMINATIONS AND CREDENTIALS COMMITTEE ..........1

ACKNOWLEDGEMENTS ..................................................................................................................2

IMPORTANT INFORMATION ..........................................................................................................3

COSECSA EXAMINATIONS ELIGIBILITY REQUIREMENTS ..........................................................4

APPLICATION PROCESS ..............................................................................................................5

EXAMINATION COMMUNICATION GUIDE ..............................................................................6
  Secretariat through chair to candidates ..................................................................................6
  Secretariat through ECC Chair to Countries .........................................................................7
  Examination Venue Transfer Requests .................................................................................8
  Handling of Candidates Examination and Grade Complaints within the College ................8

WRITTEN EXAMINATION INSTRUCTIONS ...........................................................................9
  Access to Electronic Examination: ......................................................................................9
    NOTE: ...............................................................................................................................9
    NOTE: .............................................................................................................................10
  Upon entry of the correct student ID and Access Code .........................................................10
    After reading the instructions ...........................................................................................11
    Main Examination Window ...............................................................................................12
    Instructions .......................................................................................................................12
    NOTE: .............................................................................................................................16

EXAMINATION RESULTS ............................................................................................................17
  View the results? ....................................................................................................................17
    NOTE: .............................................................................................................................18

INSTRUCTIONS TO INVIGILATORS .......................................................................................19
  At the examination venue: ..................................................................................................20
  Addressing queries to exams questions during the examinations .......................................20

APPENDIX ..................................................................................................................................21
  COSECSA Written Examinations Timeline .......................................................................21
FOREWORD FROM THE CHAIRPERSON OF THE EXAMINATIONS AND CREDENTIALS COMMITTEE.

This document is intended to serve as a guide to the Part I - multiple-choice question (MCQ), fully digital examinations offered by the College of Surgeons of East Central and Southern Africa (COSECSA). These include the Membership level (MCS) and all Fellowship level (FCS) exams.

This Manual is produced by the Examination and Credential Committee (ECC) with the primary intention of providing an overview of the COSECSA Written Examination and to help exam candidates familiarize themselves with the norms, processes, and role and responsibilities associated with the successful conduct of the examination. We hope this brief document will guide programme directors, country representatives and trainers in the preparation and organization of the exams during the entire Part 1 Written Examinations timeline.

COSECSA fully recognizes that your successful performance on these examinations plays an important role in your career as a surgeon and hopes the following information assists you in your preparation. Hence, we kindly request all our candidates to read these guidelines carefully before sitting for the COSECSA Written Examinations.

The college welcomes all suggestions and recommendations that could improve the conduct of our examination processes.

Professor Abebe Bekele,  
Chair, Exams & Credentials Committee.
ACKNOWLEDGEMENTS

We would also like to acknowledge the efforts of the Examination and Credentials Committee in the Examinations development, review process and delivery of the COSECSA Written Examinations.

**ECC Members**
- Prof. Abebe Bekele  
  Chairperson, ECC
- Mr. Christopher Minja  
  Senior Examination Officer, COSECSA Secretariat
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- Dr. Georges Ntakiyiruta
- Prof. Sherry Wren
- Dr. Akutu Munyika
- Dr. Sergio Salvador
- Dr. Steve Mannion
- Dr. Seke KAZUMA

**COSECSA Specialty Panel Heads**

Court of Examiners  
External Examiners

- Prof Krikor Erzingatsian  
  Registrar, COSECSA

**COSECSA Countries**  
Local Organizing Committees
- Stella Itungu  
  Chief Executive Officer COSECSA
- Diana Kaiza  
  Administrative Officer COSECSA
- Jonathan Omongole  
  Finance Officer COSECSA
- Niraj Bachheta  
  Education Officer COSECSA
IMPORTANT INFORMATION

- Examination date will be communicated to all candidates at the beginning of each year.
- Examination venue will be communicated to all candidates a few months before the examination but it is expected to be within your respective countries.
- There will be 2 separate examination papers (Paper I & Paper II)
- Each paper will be timed for 90 minutes with a 30-minute break in-between the exams.
- Each Paper consists of at least 60 single best multiple-choice questions.
- Candidates must notify the invigilator, immediately, if any errors are found in the examination papers or if they face any difficulties before or during the examination period.
- Candidates will be required to complete attendance procedures set-up by the College and/or by Examination organizers.
## COSECSA EXAMINATIONS ELIGIBILITY REQUIREMENTS

<table>
<thead>
<tr>
<th>Generic Candidate</th>
<th></th>
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<tbody>
<tr>
<td><strong>MCS</strong> candidates should be in the second (2nd) year of training.</td>
<td></td>
</tr>
<tr>
<td><strong>FCS Neurosurgery and Cardiothoracic Surgery</strong> candidates should be in their Fourth (4th) FCS year of training in a COSECSA accredited training institution.</td>
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</tr>
<tr>
<td>The rest of the FCS program candidates should be in their third (3rd) year of training.</td>
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<tr>
<td>All must have paid the full COSECSA Programme entry and full COSECSA Examination fee.</td>
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<tr>
<td>Keep an up-to-date logbook.</td>
<td></td>
</tr>
<tr>
<td>Should complete all modules published on the COSECSA e-learning platform.</td>
<td></td>
</tr>
<tr>
<td>Submit a duly filled progression evaluation form.</td>
<td></td>
</tr>
<tr>
<td>Candidates should be cleared by the <strong>Programme Director and Country Representative</strong> as eligible and ready to sit the examinations.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>MMED Candidate</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>MMED candidates cannot sit for the COSECSA exams before completing their MMED programs.</td>
<td></td>
</tr>
<tr>
<td>It is Mandatory for all MMED applicants to submit a copy of their MMed degree, an official temporary degree, a letter from the MMED program or their national registration/license as a qualified surgeon as a confirmation of completion of their MMED program.</td>
<td></td>
</tr>
<tr>
<td>MMED candidates cannot sit for the COSECSA exam during the same year that they plan to complete their 4 years MMed program. The MMed must be fully completed and relevant evidence provided before applying to sit for COSECSA fellowship exams.</td>
<td></td>
</tr>
<tr>
<td>MMED candidates from a 5-year MMED program can sit for the COSECSA exams at the same year of their graduation from the MMED Program. However, will be required to complete the MMED program prior to sitting for the COSECSA Exams.</td>
<td></td>
</tr>
<tr>
<td>All the mandatory preconditions underlined under “Generic Candidates” should be fulfilled.</td>
<td></td>
</tr>
</tbody>
</table>
### REPEAT CANDIDATES

- Should have paid the repeat examination fee.
- Should have paid the repeat examination fee.
- Should repeat the exam year in a COSECSA accredited training institution.
- Should repeat and complete all modules published on COSECSA e-learning platform.
- Keep an up-to-date logbook.
- Submit a duly filled progression evaluation form.
- Candidate should be cleared by the Programme Director and the Country Representatives as eligible and ready to sit the examinations.

### APPLICATION PROCESS

- The deadline for application to sit for the examination is **March 31st** of the year of the examination.
- Candidates must complete the **application online and pay** the prescribed examination fee online. Upon confirmation of the registration by the CR, PD and the COSECSA secretariat, the candidates will be informed about the precise times, dates and places for the exams.
- By applying to the examination, a candidate agrees to be bound by the **rules and regulations** of the College.
- If a candidate withdraws from an exam more than 6 weeks before the exam is due, then the fee can be transferred to the next exam date. Fees will not normally be returned if the candidate withdraws permanently, unless due to special circumstances as determined by the college.
- Candidates are allowed only **three (3) attempts** at the written examination to pass. Any candidates who **fail to pass** at the third (3rd) attempt will be **disqualified** from the training program.
- The written examination results remain valid for two (2) years. Candidates who pass the written exam need to sit for and pass the **Part II clinical examination** within two years of passing the written exam. If a candidate fails to succeed at the clinical examinations within two years of the written exam, he/she needs to repeat the written examination.

**APPROVAL BY PROGRAMME DIRECTORS AND COUNTRY REPRESENTATIVES IS MANDATORY TO SIT FOR THE EXAMS.**
EXAMINATION COMMUNICATION GUIDE

Secretariat through chair to candidates

1. Candidates will be informed on what their requirements are. These include:
   - Approval from Country Representatives & Programme Director.
   - Up-to-date logbook.
   - Good standing on e-learning assessments.

2. Candidates will be informed about the details of the examination.
   - Exact date and time of the examination.
   - The approved In-Country venue.
   - Online examination portal used.
   - Any additional requirements such as Laptop, Internet, Security, etc.

3. Candidates will be informed what they will receive before the examination and after the examination. That is:
   - Mock Examination to familiarize with the examination system.
   - Log-in Credentials before the examination.
   - Final results after the examination.

4. Candidates will be provided with opportunities to ask as many questions as possible.

5. The secretariat will create a written examinations WhatsApp group for ease of communication.
Secretariat through ECC Chair to Countries.
COSECSA Country Representatives (CR) and Local Organizing Committees (LOC) will be informed on the following through email communication as well as through the virtual preparatory meeting held every two (2) weeks.

1. CRs & LOCs will be informed on the exact date of the Written Examinations.

2. CRs & LOCs will be informed on what their requirements are. That is:
   - Venue suitable to host the examinations.
   - Connectivity (Wi-Fi) requirements and backup recommendations.
   - Technological gadget recommendations.
   - Information Technology (IT) Personnel.

3. CRs & LOCs will be informed on the mode by which the examinations will be held. **As of 2021 COSECSA Part 1 examinations will be fully online.**

4. CRs & LOCs will be informed on support measures set-up by the Secretariat along with guidance documents.

5. CRs & LOCs will be informed how the online examinations will be conducted through a mock demonstration conducted weeks before the actual examination date.

6. CRs & LOCs will be provided with all the required documents for the examination period.

7. CRs & LOCs will be informed what candidates receive before the examination and after the examination. That is:
   - Mock Examination to familiarize with the examination system.
   - Login Credentials before the examination.
   - Final results after the examination.
Examination Venue Transfer Requests.

- Request will be brought to Secretariat through official letters by the candidate and the Programme Director or COSECSA Country Representative.
- Upon approval by the Country Representatives of both sites (original site and expected site), the respective specialty panel head and the Examinations chair, the candidate will be granted or denied the transfer through an official letter from the College.

Handling of Candidates Examination and Grade Complaints within the College

- Appeals against examinations and grades must be made in writing through official letters to the COSECSA Council within thirty (30) days after completion of the examination.
- The President of the College will appoint an impartial committee to investigate the appeal and require a detailed report to be filed by the Chairman of the Examinations Committee.
- The impartial appeals Committee will take all considerations and its own findings into account and recommend a decision which will remain final and officially binding.
WRITTEN EXAMINATION INSTRUCTIONS

Access to Electronic Examination:
Candidate will be provided with the following important details days before the examination:

- Link to the examination portal
- Student ID
- Access Code

To access the examination portal, candidates must visit the following LINK https://ZipGrade.com/student/ and login under LOGIN TO STUDENT PORTAL section with their corresponding Student ID and Access Code provided to them (See the screenshot below)

NOTE: Student ID number is NOT your COSECSA programme entry number, but a unique number.
NOTE:

- Recommended Browsers: Mozilla Firefox/Google Chrome
- **Student ID:** is a 3-digit number provided by the COSECSA Secretariat.
- **Student Access Code:** is a seven (7) character, case sensitive code to be entered as is (example: 1XowQnP)
- **DO NOT OPEN MULTIPLE WINDOWS ON YOUR BROWSER AFTER YOU START THE EXAM.**
- **DO NOT ATTEMPT TO REFRESH OR CLOSE THE EXAM WINDOW ONCE YOU START THE EXAM.**
- In case of any problem please notify the invigilator immediately.

Upon entry of the correct student ID and Access Code

The student portal will open.

Click the **ASSIGNED QUIZZES** button. This will redirect candidates to where the examination categories will be listed (see the screenshot below.)

Click on the **Begin Quiz** button to read the pre-examination instructions.
After reading the instructions
Click the "Begin Quiz Now" button to start the Examination (see the screenshot below.)

Candidates will now access the main examination window.
Main Examination Window.
The examination window is divided into two sections;

1. **Answers Section/Answer sheet (Left)** - Here candidates will see all your particulars and answer sheet.
2. **Question section (Right)** - Here candidates will see the examination questions.

**Instructions**

1. Attempt to answer all questions.
2. Each question carries one (1) mark. There are no negative marks for wrong answers. Time will be clearly indicated on the examination instructions and a countdown timer will be visible for the duration of the examination.
3. Use the **Previous/Next** Button on top of the question section to navigate between pages.

4. Additional instructions will be provided on a green-boxed text at the bottom of every examination page.

5. Each question is followed by multiple choices. Select **ONE** answer that **best** fits the question and mark your choice in the **answers section**.

6. If candidates wish to change an answer, unselect the wrong option (by clicking it) and then select the correct one.
7. Please notify the invigilator immediately if any errors are found in the paper.

8. Do **NOT** close or switch Tab or browser after starting the exam. (In case of any problem please notify the invigilator immediately).

9. **DO NOT ATTEMPT TO REFRESH OR CLOSE THE EXAM WINDOW ONCE YOU START THE EXAM.**

10. When candidates finish the exam, click the **Review and submit** Button at the end of the answers section.

11. Candidates will be required to review your responses before submitting.

---

**Quiz Name: Mock 2021**

**ZipGrade ID:** 

**Name Box:** 

---

Your answer sheet has not been submitted yet. Please review your responses below and press 'Submit to Teacher'. Your teacher cannot view responses until they are submitted with the button at the bottom of this page.

<table>
<thead>
<tr>
<th>#</th>
<th>Answer</th>
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<tbody>
<tr>
<td>1</td>
<td>B</td>
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<td>2</td>
<td>D</td>
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<tr>
<td>25</td>
<td>B</td>
</tr>
</tbody>
</table>

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**ON COMPLETION, CLICK HERE TO REVIEW & SUBMIT**

**REVIEW YOUR ANSWERS BEFORE SUBMISSION**

**CLICK HERE TO EDIT YOUR ANSWERS**

**CLICK HERE TO SUBMIT**
12. Once satisfied with the review, click "submit to teacher". This will submit the answer sheet, and will not be granted access to it again.
13. On submission, candidates will receive a confirmation note, please right click the answer sheet image to print or save the answer sheet for confirmation purposes.

Quiz Name: Mock 2021
ZipGrade ID: 
Name Box: N 
Confirmation Code: 7t2tZ95emfl5Xmaxbi6F
Responses submitted: 2021-09-03 11:03 UTC
Online Quiz Code: xwTh3e5
Your responses have been submitted to your teacher for grading. Please print or save this page for confirmation.
Additional Instructions From Teacher:

**Congratulations, you have completed the Mock Exam.**
**Your results will be communicated later through the same portal once approved**
**We wish you all the best in your final preparations**

Return to Student Portal
NOTE:

- Do NOT close or switch Tab or browser after starting the exam. (In case of any problem please notify the invigilator immediately).
- Please make sure to save an image copy of the submitted answer sheet after submitting (Before Return to student portal)
- Please confirm the submission confirmation before exiting the exam. Save a copy (screenshot or picture) of the submission page.
EXAMINATION RESULTS
After approval of the results by the examination committee, the results will be available on the same platform within two (2) weeks of the exams.

View the results?
The following procedures must be followed;

1. Candidate will use the same credentials provided to them (i.e., Student ID and Access Code) to access the exam portal.
2. Click the "Posted Papers" Button to access the posted papers dashboard.
3. Click on the respective exam icon (Circled Red) to view the results.
Candidates will be able to see their scores together with the original Marked answer sheet for reference.

NOTE:
The pass mark will change every year based on standard setting procedures set by the College.
INSTRUCTIONS TO INVIGILATORS

1. Invigilators should confirm all students are present.

2. Ensure the sitting arrangements complies with the health regulation guidelines in the country or one approved by the College.

3. Each exam venue should have an extra computer connected to Zoom Video Conferencing software with its camera placed in such a way that every activity in the room can be recorded.

   (The College Secretariat will be available online for support for the entire examination period)

4. All the candidates must sign the separate attendance sheet for each exam paper (i.e., Part One and Part Two) and mention their details (full name, exam type, hospital & exam number) on the computer connected with Zoom as they enter to the Examination Venue for the first time.

5. As soon as the candidates enter the exam venue, the main invigilator must make sure student identities are checked, photo IDs cross checked and make sure the right exam candidate is admitted to the exam venue.

6. An Invigilator should take a few photos of the venue with candidates while taking the exams and send it to the COSECSA Senior Examination Officer on either of the following contacts:
   
   Email: exams@cosecsa.org
   WhatsApp: +255754073586

7. Invigilators should give timely warnings when 45 minutes, 20 minutes, 10 minutes and 5 minutes remain.

8. Stop the examination at precisely 90 Minutes, and do not allow any writing of any kind.

9. Invigilators should be aware at full times that candidates my attempt to cheat by exchanging chats through various social medias or by browsing for answers during the examinations.

10. Invigilators are kindly be advised to move around the venue to make sure that the College examination process is kept to the highest standards.

11. There are two examinations papers: Paper I (60 questions) and Paper II (60 questions). Each paper will be a 90 Minutes examination.

12. There is a 30 Minutes break between the two exams.
13. Reportable events should be communicated to the ECC chair ASAP. All evidence of the events needs to be copied and transmitted.

At the examination venue:
1. Ensure that all candidates have placed all unused electronic devices/documents in the invigilators’ care for the duration of the examination.
2. Let candidates’ power-on their laptops and connect it to the internet. Only one browser (Mozilla/Chrome) that hosts the exam should be allowed to run on the trainee’s computer. (Candidates should not be allowed to run any other programme)
   In case of network (internet) Failure, please allow the candidates to use their mobile phones/Modem as hotspots to get connected to the internet.
3. Invigilators should note that Examination will be displayed on the portal on the exact time in all the COSECSA examination centers.
4. If candidates have logged in the exam portal ahead of time, they will need to refresh the page when it's time to start the exam so that the examination can be displayed.
5. Make sure all the candidates have submitted their examination online. Do not allow Examinations to be taken on papers.
6. Recommended to have invigilators stand at the back to monitor and move around.

Addressing queries to exams questions during the examinations
1. Candidates who notice the errors should immediately inform the exam invigilators.
2. The exam invigilators will contact the Senior Exams Officer at the College Secretariat and deliver in full detail the query.
3. The Senior Exams Officer (secretariat) will consult the Panel Head/custodian of the specialty and communicate back to the exam venues within the duration of the exam.
   (All complaints/errors must be recorded, discussed and will be considered on marking of given examination.)
APPENDIX

COSECSA Written Examinations Timeline

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline (Starts)</th>
<th>Timeline (Ends)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candidates Registrations &amp; Payments</td>
<td>January 1&lt;sup&gt;st&lt;/sup&gt; of each exam year.</td>
<td>March 31&lt;sup&gt;st&lt;/sup&gt; of each exam year.</td>
</tr>
<tr>
<td>Communications to Candidates &amp; Organizers</td>
<td>May 1&lt;sup&gt;st&lt;/sup&gt; of each exam year.</td>
<td>First Wednesday of September each year.</td>
</tr>
<tr>
<td>Communications between Secretariat and ECC</td>
<td>January 1&lt;sup&gt;st&lt;/sup&gt; of each exam year.</td>
<td>First Wednesday of September each year.</td>
</tr>
<tr>
<td>Preparatory Meetings with Exam Organizers</td>
<td>May 1&lt;sup&gt;st&lt;/sup&gt; of each exam year (recurring every two (2) weeks.)</td>
<td>First Wednesday of September each year.</td>
</tr>
<tr>
<td>Briefing meeting with candidates</td>
<td>Two (2) Days prior to the Examinations Date.</td>
<td></td>
</tr>
<tr>
<td>Mock Examination</td>
<td>Two (2) weeks prior to the actual exam.</td>
<td></td>
</tr>
<tr>
<td>Written Examination</td>
<td>First Wednesday of September each exam year.</td>
<td></td>
</tr>
<tr>
<td>Examination Results</td>
<td>One (1) week after the Examination date. After the approval from the Court of Examiners</td>
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</tbody>
</table>