



COSECSA

THE COLLEGE OF SURGEONS OF EAST, CENTRAL & SOUTHERN AFRICA

PROMOTING EXCELLENCE IN SURGICAL CARE, TRAINING & RESEARCH

WELCOME TO COSECSA

The College of Surgeons of East, Central and Southern Africa (COSECSA) is a professional body that fosters postgraduate education in surgery and provides surgical training in the East, Central and Southern Africa region.

COSECSA shapes and leads the training, examination, and accreditation of surgeons in the East, Central and Southern Africa (ECSA) region.

COSECSA MEMBER COUNTRIES



COSECSA REACH

The College currently operates in 14 Sub-Saharan African Countries namely:



Botswana



Burundi



Ethiopia



Kenya



Malawi



Mozambique



Namibia



Rwanda



South Sudan



Sudan



Tanzania



Uganda



Zambia



Zimbabwe

+ 10 Partner Countries

(Niger, Cameroon, D.R.Congo, Togo, Angola, Madagascar, Somaliland, Eswatini, Lesotho, Gabon)

COSECSA MISSION

To increase accessibility of surgical services, especially to African rural populations by standardizing and widening access to surgical training

COSECSA VISION

To be the Reference Surgical Body in the Region of East, Central and Southern Africa and beyond.



COSECSA THE METHODOLOGY: FROM TRAINING TO IMPACT



DR. HETAL GOHIL

PAEDIATRIC SURGEON

**COAST GENERAL TEACHING & REFERRAL HOSPITAL
KENYA**



As the first female paediatric surgeon in the coastal region of Kenya, I have dedicated my career to addressing the critical need for specialized surgical care in an area underserved by medical professionals.

Graduating as a doctor in 2012, I embarked to pursue my internship at Kilifi District Hospital where I quickly recognized the gap in paediatric surgical care, with most specialists concentrated far from the community. This awareness fueled my passion to acquire the skills necessary to transform healthcare outcomes for children in the region.

My commitment to this field led me to enroll in the COSECSA training program at Coast General Teaching and Referral Hospital (CGTRH) in 2016 and Gertrude's Children's Hospital in 2024, where I am a pioneering female paediatric surgical resident now in my final year. Despite facing challenges, including the need to shift to the MMed program at the University of Nairobi to gain paediatric surgical expertise, my determination has never wavered.

My vision extends beyond personal achievement; I aim to establish a Paediatric Surgery Fellowship program at CGTRH, ensuring that future surgical residents have the opportunity to specialize without having to leave their communities. My dedication to mentoring and developing a network of professionals in paediatric surgery will undoubtedly elevate the standards of care in the Region.

TRAINEES & FELLOWS



910

SPECIALIST SURGEONS
SUCCESSFULLY
GRADUATED

1261

SURGEONS CURRENTLY
IN TRAINING

FEMALES



165+

GRADUATED
FEMALE
SURGEONS

24%

FEMALE IN
TRAINING

ESTABLISHED WOMEN IN SURGERY
AFRICA ASSOCIATION (WISA)

TRAINERS



904
OVERALL

77
MASTER
TRAINERS

ESTABLISHED
COURT OF EXAMINERS



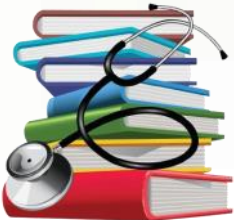
INTERNATIONALLY
RECOGNISED
QUALIFICATION



92%

RETENTION OF SURGEONS IN
COUNTRY OF TRAINING

PUBLICATIONS



63

PUBLISHED
ECAJS
ISSUES

582,135

SURGICAL PATIENTS TREATED
(As of October 2024)

ADVOCACY



ESSENTIAL SURGERY IN
AFRICA, RESULTING IN
GREATER LEVELS OF
INVESTMENT

SKILLS DEVELOPMENT



SHORT
COURSES
ORGANIZED
REGIONALLY

INSTITUTIONAL REVIEW BOARD



REGISTERED WITH UNITED STATES
DEPARTMENT OF HEALTH & HUMAN
SERVICE

TRAINING SITES



144 ACCREDITED
HOSPITALS

MOBILE LEARNING



"SCHOOL FOR SURGEONS"
LEARNING MANAGEMENT SYSTEM
BESPOKE SURGICAL ELECTRONIC
LOGBOOK



25

YEARS IN
OPERATION

SCIENTIFIC CONFERENCE

ANNUAL
INTERNATIONAL
SCIENTIFIC
CONFERENCE





ACADEMIC FOCUS

TRAINING THE NEXT GENERATION OF SURGEONS

COSECSA has developed a decentralized surgical training programme with a common examination, leading to an Internationally recognized surgical qualification at both membership and fellowship levels.

MEMBERSHIP COLLEGE OF SURGEONS (MCS)

Basic Surgery

2 Years

A certificate of competence in surgery at General Medical Officer Grade (2 years training). After two years, trainees should be able to take responsibility for emergency surgical admissions, deal with life-threatening situations resulting from trauma or critical illness and be able to diagnose and plan treatment for a variety of common surgical conditions.

The Membership Examination is designed to assess the basic principles of surgery and a broad knowledge of surgery in general. It is designed to identify surgical trainees who can recognize and deal with the wide variety of problems that may be met by trainees. They should be able to take responsibility for emergency surgical admissions, deal independently with life threatening situations due to trauma or critical illness, and be able to diagnose and plan treatment of a wide variety of surgical complaints.

Membership of the College does not confer specialist status but signifies that the member is ready to pursue higher surgical training in a particular specialty. Higher surgical training in the chosen specialty is examined by the College's Fellowship Examination, which will confer specialist status.

FELLOWSHIP COLLEGE OF SURGEONS (FCS)

General Surgery	3 Years
Neurosurgery	4 Years
Orthopaedic Surgery	3 Years
Otorhinolaryngology	3 Years
Paediatric Surgery	3 Years
Plastic Surgery	3 Years
Urology	3 Years

Sub - Specialties

Cardiothoracic Surgery	3 Years
Paediatric - Orthopaedic	2 Years

The Fellowship of the College of Surgeons of East, Central, and Southern Africa - FCS (ECSA) is a prestigious qualification. The FCS training programme is aimed at enhancing surgical practice and standards across the region. These programmes provide advanced training for medical professionals, equipping them with the necessary skills and knowledge to excel in various surgical specialties and prepare to practice independently at a consultant or specialist level.

It offers a comprehensive curriculum that spans various disciplines, both general and specialized surgery with benefits of hands-on training in clinical settings as well as theoretical knowledge under the mentorship of experienced surgeons. The program also encourages research to advance surgical techniques and delivery. With an internationally recognized qualification, graduates are held to the highest standards of surgical practice. Additionally, the emphasis on continuous learning fosters professional development and prepares fellows for leadership roles in healthcare.

Graduating with the FCS qualification signifies a commitment to surgical excellence and a dedication to improving patient outcomes in the region.

FCS Regulations visit: <https://bit.ly/45O31Z5>





JOIN US!

HOW TO APPLY

- a) Ensure to read the Programme Regulations and Syllabus thoroughly before applying.
- b) All applicants **MUST** submit an application online at <https://bit.ly/47bcU4p>. Remember to **meet all** the requirements including **Certified & Nortarized** copies of all your transcripts and all certificates. Detailed information can be obtained from; <https://bit.ly/3MjqlqZ>
- c) Only applications the meet all the Criteria will be considered for approval.
- d) Upon approval of your application, a non-refundable Programme Entry fee of USD 500 (five hundred U.S. Dollars) for MCS and USD 600 (six hundred U.S. Dollars) is to be paid to COSECSA. Details will be obtained from the secretariat
- e) Applicants having difficulties with their application can contact applications@cosecsa.org

The deadline for submitting an online application for new intake are:

- ⇒ **MCS 31st October each year.**
- ⇒ **FCS 31st December each year.**

Requirements:

- Applicants are required to contact their respective Country's COSECSA Country Representative (CR) before applying for COSECSA training.
- Applicants must attached the following PDF documents when applying:
 - ⇒ A passport photo & copy of the Birth Certificate/National Identity.
 - ⇒ A scanned image of your medical degree & medical registration certificate. (Certified)
 - ⇒ If applicable, applicants must submit a copy of any surgical qualifications that they have; such as MCS or MMED.
 - ⇒ Your application will not be considered if you do not have/submit the above requirements

Membership of College of Surgeons (MCS)

For those enrolling to the MCS programme, please follow the general instructions.

Requirements:

Fellowship of College of Surgeons (FCS)

- 1. For current trainees progressing from MCS to FCS**
Applicants for the FCS programmes should be able to show that they have passed the MCS examination not more than 3 years before applying to the FCS Programme.
- 2. Applicants who possess an MMED in Surgery and would like to register for FCS in the same specialty (Example MMED in General Surgery and want to apply for FCS General Surgery)**
Applicants with MMed (Surgery) qualification, may register to sit the FCS exam in the year following their completion of MMed training. On condition that this year is spent in an accredited COSECSA training programme in that specialty.
- 3. Applicants who possess the MMED in Surgery and would like to register for training in a different specialty (Example MMED in General Surgery but wants to specialize in Orthopaedics)**
Applicant with the above criteria **MUST** register for the full FCS training course.
- 4. For the FCS Paediatric Orthopaedic Surgery programme, an applicant MUST have an FCS Orthopaedics/ MMED-Orthopaedics or equivalent qualifications.**
- 5. For the FCS Cardiothoracic Surgery Programme, an applicant MUST have an FCS General Surgery/ MMED-General Surgery or equivalent qualification.**

SPONSORSHIP FUNDING

COSECSA through its collaboration partners provides funding for specific programmes including but not limited to scholarships. Visit [COSECSA.ORG](https://www.cosecsa.org) for any opportunities

Alert Hospital,
Addis Ababa, Ethiopia
A dedicated children's Operating Room
Officially donated by



SmileTrain

KidsOR

SAFE SURGERY FOR EVERY CHILD

2022



DR. HANNA ATLABACHEW

PLASTIC SURGEON (TRAINEE)

ALERT HOSPITAL

ETHIOPIA



As a third-year resident in plastic and reconstructive surgery, I've always felt a strong connection to the field of surgery, a passion that began during my undergraduate internship.

My time as a general practitioner in the plastic surgery department was transformative, allowing me to immerse myself in the art of repair and restoration, ultimately solidifying my commitment to a lifelong career in plastic surgery.

I was introduced to COSECSA by a consultant during my residency, and while I was initially unfamiliar with the organization, I quickly recognized it as an incredible opportunity for personal and professional growth. My journey with COSECSA has been nothing short of rewarding, greatly enhancing my surgical residency experience and supporting me through a scholarship from Smile Train. The comprehensive instruction and invaluable mentorship I've received have equipped me with the essential knowledge and skills needed to excel in my field.

What I appreciate most is COSECSA's focus on professionalism, ethics, and research, all of which are shaping me into a competent and compassionate surgeon. I am deeply grateful for the support and opportunities provided by COSECSA, and I wholeheartedly recommend it to any aspiring surgeon seeking a world-class education.

DR. JAQUES FADHILI BAKE

GENERAL SURGEON (FELLOW)

HEAL AFRICA HOSPITAL

D.R.CONGO



My journey as a General Surgeon began with a dream that initially felt out of reach, hindered by the lack of structured surgical training and resources in my country. However, everything changed when I joined COSECSA and graduated in 2022. This program quickly became my professional family and has profoundly transformed my career, allowing me to pursue my passion for surgery with newfound clarity and support.

Before COSECSA, specialized surgical training seemed like a distant aspiration. COSECSA opened doors to world-class education and mentorship, providing structured, standardized training led by experienced surgeons, many with international experience. This opportunity has accelerated my skill development, enhanced my clinical judgment, and deepened my understanding of surgical practices.

Beyond technical skills, COSECSA has instilled core values of excellence, teamwork, and patient-centered care within me. The program has not only shaped me into a better surgeon but also a more compassionate healthcare professional, committed to delivering high-quality care.

My experience with COSECSA has been remarkable, turning my dreams into reality and guiding me toward realizing my potential as a surgeon. I am profoundly grateful for the opportunity to be part of such an exceptional College and look forward to



COSECSA'S PRESENCE

MEMBER COUNTRIES

COUNTRIES 14 **HOSPITALS** 133
FELLOWS 1508 **GRADUATES** 859 **TRAINEES** 1204



BOTSWANA

Accredited Hospitals 1

- Princess Marina Hospital

Fellows 295 **Graduates** 192 **Trainees** 107



BURUNDI

Accredited Hospitals 3

- Kamenge Military Hospital
- Kira Hospital
- University Teaching Hospital Kamenge (CHUK)

Fellows 10 **Graduates** 5 **Trainees** 17



ETHIOPIA

Accredited Hospitals 15

- ALERT Hospital
- Ayder Referral Hospital
- CURE Ethiopia Children's Hospital
- Felege Hiwot Referral Hospital
- Gondar University Teaching Hospital
- Hawassa University Teaching Hospital
- Jimma Medical Center
- Menelik II Hospital
- Myungung Christian Medical Centre (MCM)
- Negele Arsi General Hospital
- Soddo Christian Hospital
- St Paul's Hospital Millenium Medical College
- Tibebe Ghion Hospital
- Tikur Anbessa (Black Lion) Hospital
- Yekatit 12 Hospital

Fellows 295 **Graduates** 192 **Trainees** 107



Accredited Hospitals 38

- Aga Khan Hospital Kisumu
- Aga Khan Hospital Mombasa
- Aga Khan University Hospital Nairobi
- AIC Kijabe Hospital
- AIC Letein General Hospital
- Defense Forces Memorial Hospital
- Bungoma County Hospital
- Coast Provincial General Hospital
- Consolata Hospital Mathari
- Embu Provincial General Hospital
- Gertrude Private Children's Hospital
- Jaramogi Oginga Odinga Teaching & Referral Hospital
- Kakamega County General Hospital
- Kenyatta National Hospital
- Kenyatta University Teaching Research & Referral Hospital
- Kiambu County Hospital
- Kisii Teaching and Referral Hospital
- Kitale Level 5 Hospital
- Machakos Level 5 Hospital
- Meru Level 5 Hospital
- Moi Teaching and Referral Hospital
- MP Shah Hospital
- Msambweni County and Referral Hospital
- Nakuru County Referral Hospital
- Nyeri County Referral Hospital
- Pandya Memorial Hospital
- PCEA Chogoria Hospital
- PCEA Kikuyu Hospital
- St. Teresa Mission Hospital
- St.Lukes Orthopaedic & Trauma Hospital
- Tenwek Hospital
- The Karen Hospital
- The Mater Hospital, Nairobi
- The Mombasa Hospital
- The Nairobi Hospital
- Thika Level 5 Hospital

KENYA

Fellows 429

Graduates 264

Trainees 300



Accredited Hospitals 7

- Beit CURE International, Malawi
- Kamuzu Central Hospital (KCH)
- Malamulo Hospital
- Mzuzu Central Hospital
- Nkhoma Mission Hospital
- Queen Elizabeth Central Hospital (QECH)
- Zomba Central Hospital

MALAWI

Fellows 69

Graduates 49

Trainees 102





Accredited Hospitals 3

- Beira Central Hospital
- Maputo Central Hospital (HCM)
- Matola Provincial Hospital

MOZAMBIQUE

Fellows 32

Graduates 5

Trainees 17



Accredited Hospitals 5

- Katatura Intermediate Hospital
- Onandjokwe Intermediate Hospital
- Ongwediva Medipark Hospital
- Oshakati Intermediate Hospital
- Windhoek Central Hospital

NAMIBIA

Fellows 18

Graduates 7

Trainees 28

NAMIBIA

Fellows 18

Graduates 7

Trainees 28



Accredited Hospitals 7

- Kibagabaga hospital
- Kibogora Hospital
- King Faisal Hospital, Kigali
- Ruhengeri Provincial Hospital
- Rwanda Military Hospital
- University Teaching Hospital of Butare (CHUB)
- University Teaching Hospital of Kigali (CHUK)

RWANDA

Fellows 80

Graduates 51

Trainees 56



Accredited Hospitals 4

- Ibn Sina Hospital
- Khartoum Teaching Hospital
- Omdurman Teaching Hospital
- SOBA University Hospital

SUDAN

Fellows 8

Graduates 0

Trainees 109



Accredited Hospitals 0

SOUTH SUDAN

Fellows 2

Graduates 1

Trainees 0

“The most amazing thing is that you are training in your own set up... [Trainees] are dealing with the local pathologies, being guided accordingly by the College and more likely to stay where they come from rather than migrate somewhere else.”





“[The cost] is quite reasonable. If I compare it to programmes in our countries and others, you are looking at about \$2,500 per semester made up of two semesters per year.”



TANZANIA

Accredited Hospitals 11

- Kairuki Hospital
- Mnazi Mmoja Hospital
- Aga Khan Hospital Dar es Salaam
- Arusha Lutheran Medical Centre (ALMC)
- Kilimanjaro Christian Medical Centre (KCMC)
- Bugando Medical Centre
- Muhimbili National Hospital (MNH)
- Muhimbili Orthopaedic & Neurological Institute (MOI)
- Mbeya Zonal Referral Hospital
- Jakaya Kikwete Cardiac Institute
- Benjamin Mkapa Hospital

Fellows 123 Graduates 51 Trainees 105



UGANDA

Accredited Hospitals 16

- CURE Children's Hospital of Uganda
- Fort Portal Regional Referral Hospital
- Gulu Regional Referral Hospital
- Jinja Regional Referral Hospital
- Kagando Hospital (KARUDEC)
- Kitovu Hospital
- Mbarara Regional Referral Hospital
- Mengo Hospital
- Soroti Regional Referral Hospital
- Lacor Hospital (St Mary's)
- Mbale Regional Referral Hospital
- Comprehensive Rehabilitation Services in Uganda (CoRSU)
- St Francis Hospital, Nsambya
- Mulago Hospital
- Urocare Hospital
- Lubaga Hospital, Kampala

Fellows 169 Graduates 80 Trainees 149



ZAMBIA

Accredited Hospitals 13

- Beit CURE Hospital of Zambia
- Konkola Mine Hospital
- Nchanga South Hospital
- St John Paul II Hospital (formerly Zambian Italian Orthopaedic Hospital)
- Monze Mission Hospital
- St Francis Mission Hospital, Katete
- Chipata Central Hospital
- Livingstone General Hospital
- Kitwe Central Hospital
- University Teaching Hospital, Lusaka (UTH)
- Ndola Teaching Hospital
- Levy Mwanawasa General Hospital
- Kabwe General Hospital

Fellows 128

Graduates 83

Trainees 105



ZIMBABWE

Accredited Hospitals 10

- Mater Dei Hospital, Bulawayo
- Harare Children's Hospital
- United Bulawayo Hospitals
- Parirenyatwa Hospital
- Mpilo Hospital
- Bulawayo Central Hospital
- Chitungwiza Central Hospital
- Gweru Provincial Hospital
- Harare Central Hospital
- Mutare Provincial Hospital

Fellows 131

Graduates 82

Trainees 104

“A College without Walls”



DR. JONATHAN BUDENU

MCS (TRAINEE)

KILIMANJARO CHRISTIAN MEDICAL CENTRE (KCMC)

TANZANIA



COSECSA is a college of ordinary people doing extra ordinary work. They train professionals across various disciplines who think critically and maintain a sense of humor throughout their training, ultimately shaping them into skilled practitioners for themselves and their communities. COSECSA has developed professionals who effectively combine critical thinking and decision-making for the benefit of society. The effectiveness of any organization begins with its leadership; no business can exceed the capabilities of its top management. COSECSA has successfully created leaders in the surgical field who approach challenges with creativity and innovation.

There is a significant difference between merely being good and achieving excellence. It is crucial to go above and beyond expectations while upholding the highest standards to enhance the quality of surgical practice. The quality of COSECSA's training is directly tied to its commitment to excellence, regardless of the chosen field.

As a COSECSA trainee, I have gained extensive knowledge and skills that have improved the quality of my services. This training has allowed me to view challenges from new perspectives and set high standards, ultimately leading to better patient outcomes.

DR. IKWUTAH EMMANUEL

GENERAL SURGEON (TRAINEE)

SIM GALMI HOSPITAL

NIGER



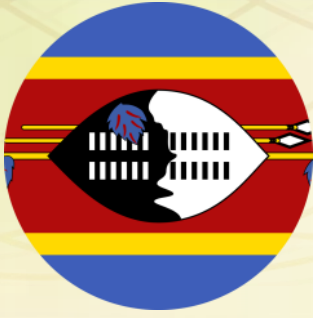
A 5th year COSECSA General Surgery trainee in Niger Republic. I'm also with the Pan African Academy of Christian Surgeons (PAACS). I am from Benue, Nigeria.

My passion to improve surgical care in sub-Saharan Africa drove me to pursue general surgery training. Over the years I have been refined and molded to becoming an excellent surgeon.

COSECSA has provided a platform that has increased my knowledge base in surgery through its structured curriculum as well as encouraged me to become a proficient surgeon.

The weekly basic surgical sciences modules to the case studies, has all challenged me to become a better surgeon and to improve my surgical practice. Participating in the COSECSA research methodology course has made a lasting impression on me; and has developed my interest in global surgery research with the view to improving my practice when I round up my training.

Above all, COSECSA has provided an avenue for me to be a certified surgeon that is globally recognized and poised to improve surgical workforce in sub-Saharan Africa.



Accredited Hospitals 1

- Raleigh Fitkin Memorial Hospital

Fellows 5

Graduates 0

Trainees 2

ESWATINI



Accredited Hospitals 1

- Bongolo Hospital

Fellows 12

Graduates 14

Trainees 10

GABON



Accredited Hospitals 1

- Queen Mamohato Memorial Hospital

Fellows 7

Graduates 5

Trainees 6

LESOTHO





Accredited Hospitals 1

- Hopitaly Vaovao Mahafaly Mandritsara

Fellows 2

Graduates 1

Trainees 3

MADAGASCAR



Accredited Hospitals 1

- SIM Galmi Hospital

Fellows 11

Graduates 11

Trainees 10

NIGER



Accredited Hospitals 1

- Edna Adan University Hospital

Fellows 2

Graduates 0

Trainees 0

SOMALILAND



Accredited Hospitals 1

- Hospital of Hope & Hospital Baptiste Biblique

Fellows 1

Graduates 0

Trainees 0

TOGO



Accredited Hospitals NA

- Fellow from various countries Globally

Fellows 190

Graduates NA

Trainees NA

REST OF WORLD

“The best thing for me about COSECSA is that I was able to train within my country. I’m married with three children, so it is one of the things that I considered in what to do and what programme to do. COSECSA was the right programme because it let me train within my country.”





ECAJS

The East and Central African Journal of Surgery

Established in 1978, ECAJS is a quarterly, peer-reviewed, open-access publication of the COSECSA.

Its aim is to advance the science of surgery and surgical care while facilitating the exchange of ideas among surgeons and surgical care researchers in the COSECSA region. With a total of 29 volumes with approximately 60 issues and over 1000 articles, the journal runs on a diamond open-access publication model ensuring free and increased access to published content at zero costs to authors and readers alike.

The ECAJS is indexed in several databases, including African Journals Online (AJOL), African Index Medicus, EBSCO, ASCI, Bioline International, Crossref, ROAD, Global Health, CAB Abstracts, FATCAT, ZDB, Wikidata, SUDOC, and OPENALEX.

Led by the Editor-in-Chief Prof. Abebe Bekele, the team is supported by 6 deputy editors and a richly diverse editorial board, with representation from around the globe.

Submissions can be made through our state-of-the-art peer review submission system accessible through <https://app.scholasticahq.com/submissions/ecajs/new>.

All accepted articles and relevant journal information are published on the official journal website: <https://www.ecajs.org/>

SUPPORT COSECSA

ELEVATING THE REGION'S SURGICAL LANDSCAPE

COSECSA funds are generated from 3 sources

- Internal sources (annual subscription, programme entry, Annual events)
- External sources (Partners for specific projects)
- Donations

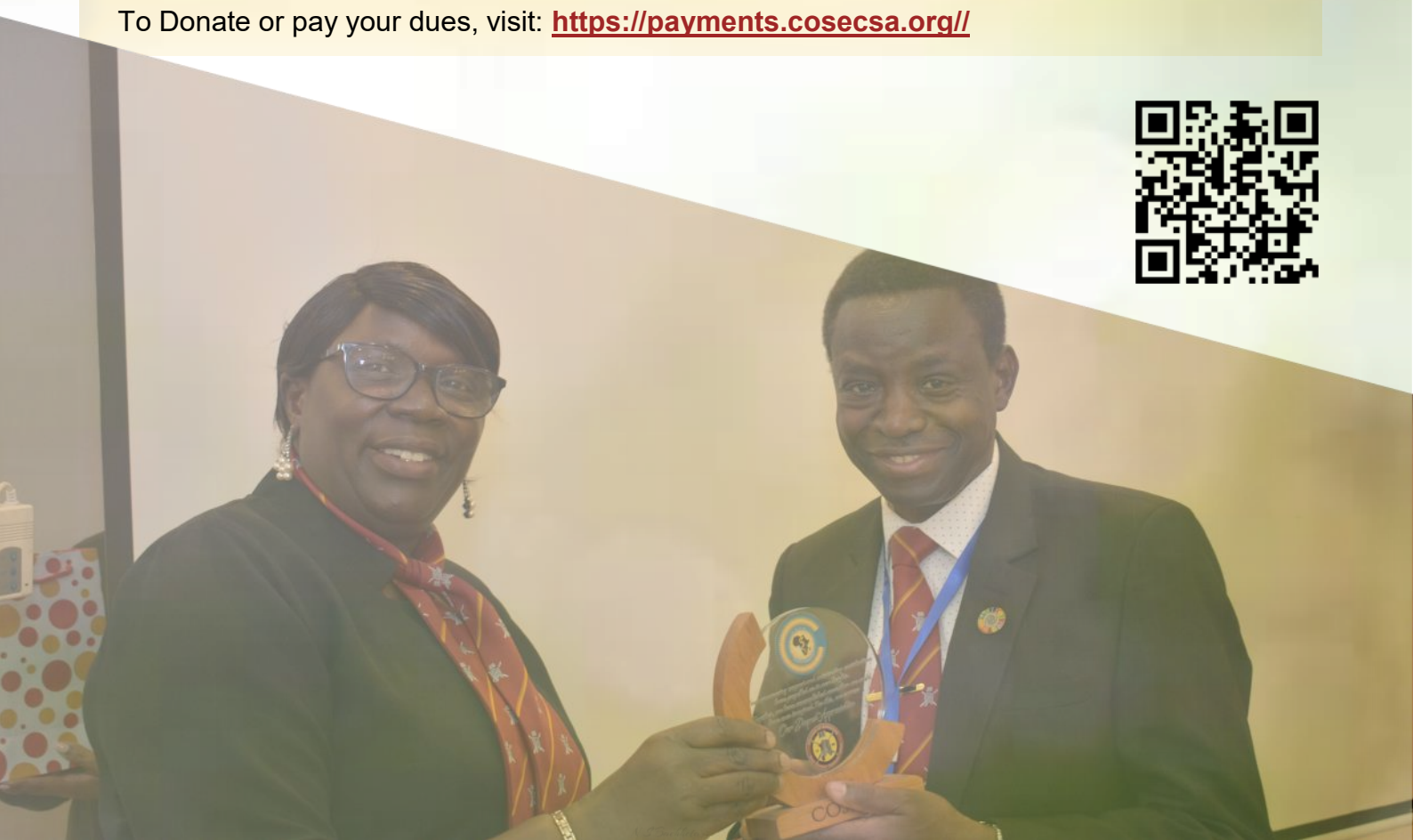
The College calls upon all stakeholders including but not limited to MoHs, new & existing Partners, global health & global surgery organizations to extend support to the College in the following areas

- Scholarships & Rotation/Exchange (Trainee Support)
- College Standard setting and Examinations
- Establishment of surgical disciplines regional Centres of Excellence
- Curriculum reviews & development
- Accreditation of training sites
- Secretariat Capacity Building/ Operational Budget Support
- Research development
- Support to the Faculty of Educators
- Development of the COSECSA Land in Tanzania
- COSECSA Regional Skills Centre

PLEASE DO NOT HESITATE TO BE KIND TO DONATE TO THE COLLEGE.

COSECSA accepts donations in whatever amounts. These will go a long way in making a difference in every aspect of the College and we will extremely be grateful to you.

To Donate or pay your dues, visit: <https://payments.cosecsa.org//>



DR. GOR GOODY K.

GENERAL SURGEON (TRAINEE)

**COAST GENERAL TEACHING & REFERRAL HOSPITAL
KENYA**



A first year Fellowship trainee in General Surgery at Coast General Teaching and Referring Hospital. Surgery has always been my passion. It's been my childhood dream to one day say 'scalpel please'. I am elevated on levels in my life since I joined the programme.

COSECSA programme is available in many hospitals across Kenya. The sustainable training fees has allowed me to level up as a surgeon with the service that they have provided with the intention to churn out world class surgeons with hands on learning starting from the very first day of the training. The fantastic E-Learning (SchoolforSurgeons) content is student oriented incorporating pre and post tests for trainees to access their gap in knowledge and understanding of the topic respectively.

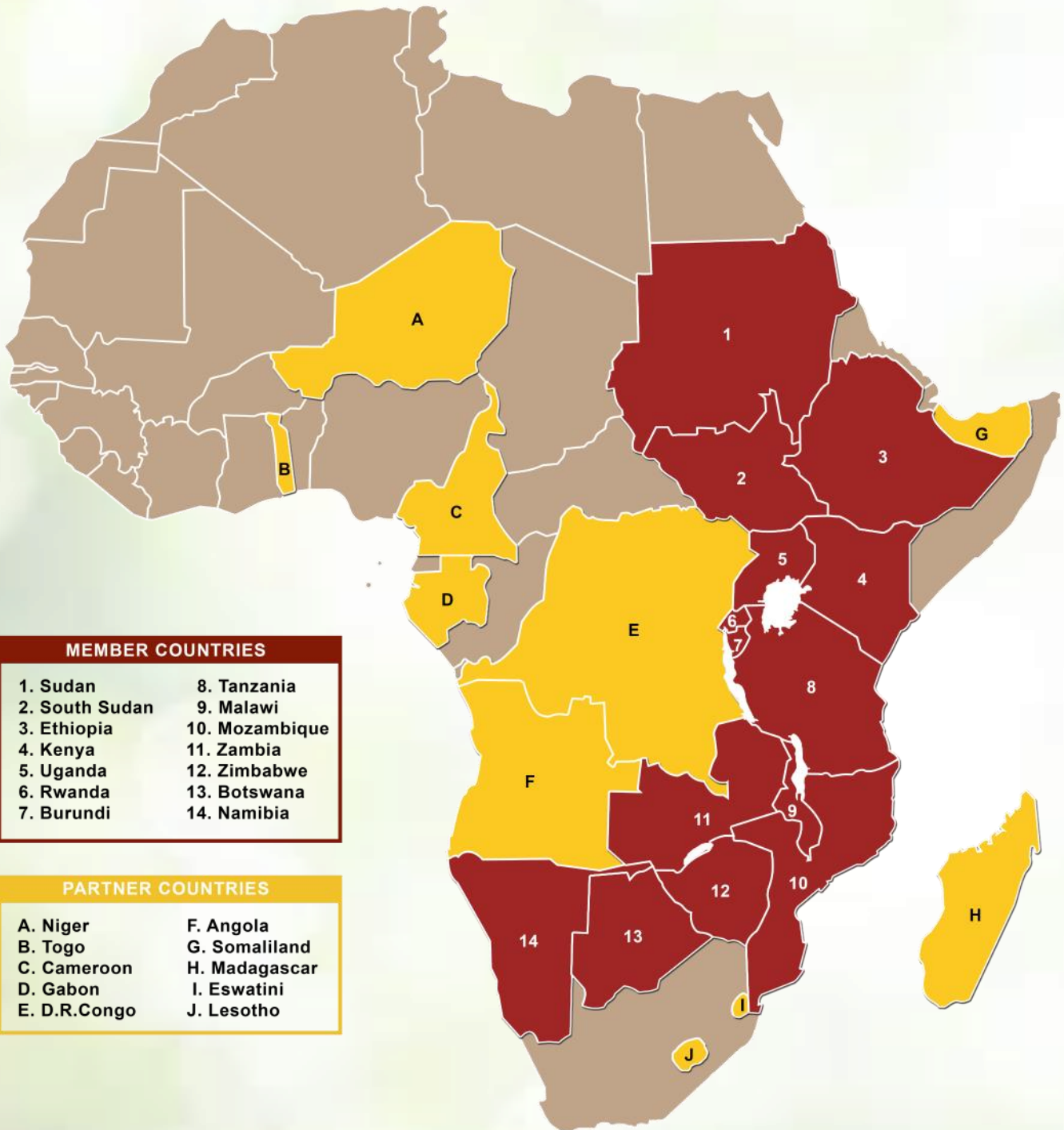
The lecture method fosters a habit of extensive reading and engagement in team work activities. Through COSECSA I get to engage with the dedicated consultants on a 1-on-1 basis to enhance my surgical skills, build a network in the surgical fraternity and become a leader even out of surgery. COSECSA has given me the opportunity to explore other surgical specialties to broaden my skill set as well as motivating me to engage in research through its grants and additional programmes out of its training.

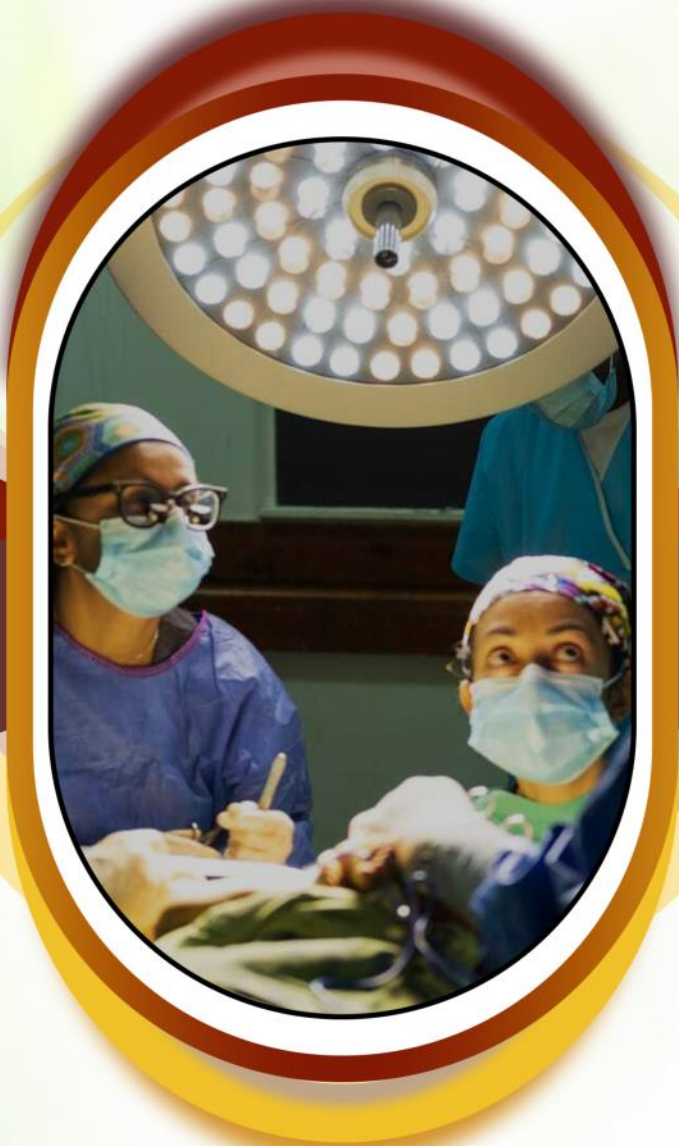
COSECSA pushes me to my limits allowing me to do more. I have grown in knowledge, surgical skills and in my personal life because of COSECSA. I am excited for the bright



COSECSA

College of Surgeons of
East, Central and Southern Africa





CONTACT COSECSA

The College of Surgeons of East, Central and Southern Africa (COSECSA)
ECSA-HC, P.O. Box 1009, Arusha, Tanzania.

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General inquires: info@cosecsa.org



cosecsa.org



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<https://bit.ly/3sP0j4I>