

ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOL TRAINING

Online ERAS training outline

Date	Time	Topic	Speaker	Moderator
April 28	7:00-8:30pm	Sub- Session 1: Introduction to Enhanced Recovery After Surgery (ERAS) protocols, benefits of ERAS in surgical practice, Sub-session 2: championing ERAS in a LMIC, experience from Pakistan	Dr. Sadaf Khan	Dr. Tilahun
May 02	7:00-8:30pm	Sub-session 1: Key components of ERAS program Sub-session 2: ERAS in upper GI surgeries	Dr. Michael Mwachiro	Dr. Tadesse
May 05	7:00-8:30pm	Sub-session 1: Preoperative optimization strategies in ERAS Sub- session 2: The importance of assessment of social determinants and cultural context for successful implementation of ERAS in LMIC context	Dr. Robert Parker	Dr. Tilahun
May 12	7:00-8:30pm	Sub-section 1: Multidisciplinary Team Approach in ERAS Sub- section 2: Postoperative Recovery Optimization	Hanna Nathansson	Dr. Wongel
May 16	7:00-8:30pm	Postoperative pain management techniques in ERAS, feasibility of the recommendations in our context (feasible options)	Dr. Edosa	Dr. Abrham
May 19	7:00-8:30pm	Sub-section 1: Implementation research in the context of ERAS protocol implementation in a LIC Sub-section 2: Evidence to policy translation	Dr. Godfrey Sama	Dr. Tadesse
May 23	7:00-8:30pm	ERAS Protocol Compliance and Monitoring (ERAS audit)	Dr. Karolina Eklov	Dr. Wongel
May 26	7:00-8:30pm	Sub-section 1: Implementing ERAS protocols in different surgical specialties, experience from pediatrics surgery Sub-section 2: ERAS in neonatal surgery and implementation challenges.	Dr. Mercedes Pilkington	Dr. Nebiyu
June 06	7:00-8:30pm	Subsection 1: Unique Components of the ERAS Protocol in Colorectal Surgery Sub-section 2: Bowel preparation in colorectal surgery, what is the evidence?	Dr. Zoe Garoufalia	Dr. Wongel

N.B all times are in East African Time